



Wisdom & Compassion Insight Meditation Retreat 22-29 January 2022

with **Subhana Barzaghi & Will James**
@ 'Sangsurya', Byron Bay

This retreat will be offered both in-person and online.

Teachers:

Subhana Barzaghi is a senior guiding teacher in the Insight Tradition and a Zen meditation teacher with over thirty years' experience in Buddhist meditation. Subhana is an experienced psychotherapist, clinical supervisor and trainer for Buddhism and psychotherapy. She leads regular retreats, dharma gatherings and workshops throughout Australia and New Zealand.

Will James is the guiding teacher at the Tallowood Sangha in Bellingen. He regularly leads retreats in Australia and Bali, has taught at the Dharma Gatherings in Australia and India and is a Senior Mentor for the Insight Meditation Institute.

Alan Bassal has been studying and practicing Buddha's teachings for over 35 years beginning in the Vipassana meditation tradition and then developing in Eastern & Western Insight. Alan will be assisting with the online teaching.

Venue: 'Sangsurya' at Byron Bay (www.sangsurya.com.au) and online via Zoom

Registration: only via our **Humanitix ticketing website** - click [here](#) for link. Registration opens on Wednesday, 1 December at 9am (NSW). (NOTE : The link will not be active before that time).

a Tallowood Sangha event

