

Deep Inquiry:
the Heart of Wisdom Teachings
Insight Meditation Retreat
with Radha Nicholson & Will James
19-26 July 2019
@ 'Sangsurya', Byron Bay



Radha Nicholson teaches the cultivation of wisdom and compassion through insight, focusing on inquiry and the non – dual nature of reality. Radha is the guiding teacher for Bay Insight in Byron Bay and teaches internationally. Radha is a registered Psychologist with a private practice in Bangalow, Northern N.S.W.

Will James teaches seeing into the dependent arising and empty nature of all phenomena. From this seeing a deep understanding that frees the mind and opens the heart is possible. Will is the resident teacher at the Tallowwood Sangha in Bellingen. He regularly leads retreats in Australia and Bali and has taught at Dharma Gatherings in Australia & India.

Venue: 'Sangsurya' at Byron Bay is a beautiful, tranquil & comfortable venue - a favourite with regular retreat participants.

Cost: \$750 shared, \$850 single (limited), \$500 camping (limited), which covers accommodation, catering (healthy vegetarian meals), and administrative costs.

The retreat is run on a non-profit basis, and the teachers rely on the Buddhist tradition of Dana (donation) for support.

For information please contact Lisa at tallowwoodretreat@gmail.com

Information and registration forms may be downloaded from
www.tallowwoodsangha.org.au

a Tallowwood Sangha event

