

Peace in Challenging Times  
An Insight Meditation Retreat  
with Radha Nicholson & Will James  
28 Nov - 4 Dec 2020  
@ 'Sangsurya', Byron Bay



In these challenging times this is an opportunity to inquire into our relationship to change.

**Radha Nicholson** teaches the cultivation of wisdom and compassion through insight, focusing on inquiry and the non – dual nature of reality. Radha is the guiding teacher for Bay Insight in Byron Bay and teaches internationally. Radha is a registered Psychologist with a private practice in Bangalow, Northern N.S.W.

**Will James** teaches seeing into the dependent arising and empty nature of all phenomena. From this seeing a deep understanding that frees the mind and opens the heart is possible. Will is the resident teacher at the Tallowwood Sangha in Bellingen. He regularly leads retreats in Australia and Bali and has taught at Dharma Gatherings in Australia & India.

**Venue:** 'Sangsurya' at Byron Bay is a beautiful, tranquil & comfortable venue - a favourite with regular retreat participants.

**Cost:** \$775 single, \$700, twin share. \$450 camping (limited), which covers accommodation, catering (healthy vegetarian meals), and administrative costs.

*The retreat is run on a non-profit basis, and the teachers rely on the Buddhist tradition of Dana (donation) for support.*

For information please contact Ali at [alibarlow@netspace.net.au](mailto:alibarlow@netspace.net.au)  
phone 0406016408

Information and registration forms may be downloaded from  
[www.tallowwoodsangha.org.au](http://www.tallowwoodsangha.org.au)



Tallowwood Sangha

a Tallowwood Sangha event